

Sydenham District Pool - Lorne Street, Wallaceburg

Pool - 25 yards, 6 lanes, starting platforms, limited seating space on deck.

Cafeteria has a snack bar, the marshalling area and tables for storing the swim bags.

SEAL League Rules and SNC rules. One Start Rule in effect. No false starts allowed.

Safety Marshals will be in charge of the pool during warm-ups and SNC Warm-up Procedures will be in effect.

See Page 2.

Lunch break after Event #37/38. Extra relays after Event #58 if time permits.

20 minutes after the last race, ribbons and results are to be picked up by a team representative in the cafeteria..

8:00 am - Coaches' meeting in cafeteria at result table. Hand in scratches and late entries.

8:15 am - Warm-ups - circle swimming in all lanes.

8:30 am - Sprints in lanes 1, 2, 5, & 6. Circle swimming in lane #4. Backstroke in Lane #3.

8:45 am - Clear the pool. Please have 8 & 9's go directly to the cafeteria to be marshalled.

8:50 am - Marshalling Events #1 & #2. 8 & 9's 100 yard Individual Medley - Girls and Boys.

9:00 am - Start.

7 & Unders have only 4 events. No Individual Medleys for 7 & Under's.

Officials are needed from visiting teams. Please sign in on the Officials List in the cafeteria when you arrive.

Thank you.

Please keep all food in the Cafeteria. High school halls are out of bounds.

Swimmers are encouraged to stay in the cafeteria when not swimming so they will be ready for their marshalling.

If swimmers miss their marshalling, they will be scratched from that event.

Swimmers need to wear jogging suits and indoor shoes when not swimming, Chairs at each end of the pool will be available for swimmers' belongings. Please dry off after swimming and put on your jogging suits before leaving the change rooms.

If there is NO TIME on the entry grid sheet, the swimmer will be not be entered in that event.

Entries will be submitted by E-mail for the Hy-Tek program. A SCHEDULE OF EVENTS WILL BE SENT TO YOU BY E-MAIL. We will make out your time cards. Also please send a Printout of your entries or Grid Sheets, Swimmers' Swim Ontario Registration Number, and a Cheque for Entry Fees (\$10.00 per swimmer) and a List of Officials. Thank you.

All entries are to arrive in Wallaceburg on or before Monday, November 6, 2006.

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GOOD SPORTSMANSHIP

GOOD SWIMMING

HAVE FUN

WALLACEBURG MARLIN INVITATIONAL SWIM MEET

<u>GIRLS</u>	<u>EVENTS</u>	<u>BOYS</u>
1	8 & 9 100yd Individual Medley	2
3	10 & 11 100yd Individual Medley	4
5	12 & 13 100yd Individual Medley	6
7	Open 100yd Individual Medley	8
9	7 & Under 25yd Butterfly	10
11	8 & 9 25yd Butterfly	12
13	10 & 11 50yd Butterfly	14
15	12 & 13 50yd Butterfly	16
17	Open 50yd Butterfly	18
19	7 & Under 25yd Backstroke	20
21	8 & 9 25yd Backstroke	22
23	10 & 11 50yd Backstroke	24
25	12 & 13 100yd Backstroke	26
27	14 & Over 100 Backstroke	28
29/30	7 & Under 100yd Mixed Freestyle Relay	
31/32	9 & Under 200yd Mixed Freestyle Relay	
33/34	11 & Under 200yd Mixed Freestyle Relay	
35/36	13 & Under 200yd Mixed Freestyle Relay	
37/38	Open 200yd Mixed Freestyle Relay	
20 MINUTE LUNCH BREAK		
39	7 & Under 25yd Breaststroke	40
41	8 & 9 25yd Breaststroke	42
43	10 & 11 50yd Breaststroke	44
45	12 & 13 100yd Breaststroke	46
47	Open 100 Breaststroke	48
49	7 & Under 25yd Freestyle	50
51	8 & 9 50yd Freestyle	52
53	10 & 11 100yd Freestyle	54
55	12 & 13 100yd Freestyle	56
57	Open 100 Freestyle	58
EXTRA EVENTS IF TIME PERMITS		
59/60	7 & Under 100yd Mixed Medley Relay	
61/62	9 & Under 100yd Mixed Medley Relay	
63/64	11 & Under 200yd Mixed Medley Relay	
65/66	13 & Under 200yd Mixed Medley Relay	
67/68	Open 200yd Mixed Medley Relay	

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