

# **32nd Anniversary**

## **SWIM INTERNATIONAL 2007**

NOVEMBER 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup>, 2007

**AT**

**THE WAYNE GRETZKY SPORTS CENTRE**

NORTH PARK STREET

BRANTFORD, ONTARIO

Sanctioned by: SWIM ONTARIO

**HOSTED BY:**

**THE BRANTFORD AQUATIC CLUB**

**SPONSORED BY:**

**BRANT BRANCH FORESTERS**

# Swim International 2007

## MEET MANAGEMENT:

**Meet Manager: Suzanne Paulins 519-751-2486**

**Meet Referee: Dave Shewfelt 519-442-4560**

## FACILITIES:

Two 8 lane 25 meter pools. Four lane 18 meter warm-up/down pool.  
Electronic timing, Omega system. Wireless internet available on deck.  
Eight lane score board in both ends.

**Health and Safety Regulations require no outdoor shoes be worn on deck.**

## MEET INFORMATION:

**This invitational meet will be limited to 5000 swims. This is an A/B time standard meet, and coaches are reminded the entry standards are in place to ensure the length of the sessions are not too long.** Reservations will be accepted but entries will be made on a “first come” basis. A non-refundable deposit of 50% of entry fees must accompany all reservations prior to the deadline. **Entry deadline is 9:00 p.m. on Tuesday October 23, 2007**, at which time **all entries and fees** must be received. The **scratch deadline is Friday November 2, 2007**. A \$25 NSF fee will be charged, for return items.

Make cheques payable to **BRANTFORD AQUATIC CLUB**.

Should over-subscription occur, those Clubs affected will be notified by Friday October 26, 2007 and a refund will be issued, or alternate events will be allowed. A concession will operate during all sessions for swim supplies.

## ENTRY LIMITATIONS:

Swimmers will be limited to **3 individual events per session**. Each Club will be limited to **2 relay teams per age group**. Additional relay teams will be swum as exhibition. Relay only swimmers are allowed and must be included in the entry lists. All events are pre-seeded. **Deck entries will be accepted only where space is available**, and swum as exhibition for times only and not exceeding 3 individual events per session. Deck entries will not swim in finals nor will they be scored. **All relays, 400 Free and 400IM all ages and all 10 & under and 11/12 events will be swum as time finals during preliminary sessions.**

**Meet management reserves the right to limit the number of swimmers in any event.**

400 Free events may be limited, if necessary to 6 heats for each age group and gender. Those qualifying will be determined by entry time. The fastest 48 will swim.

**Meet Management reserves the right to combine 15/16 and 17&Over events.**

## POOL ASSIGNMENT:

<b>Session:</b>	<b>Deep End</b>	<b>Shallow End</b>
Friday afternoon	W17&over,M13/14,W13/14	M17&over,W15/16,M15/16
Saturday morning	M17&over,W15/16,M15/16	W17&over,M13/14,W13/14
Saturday afternoon	W11/12, M10&U	M11/12, W10&U
Sunday morning	W17&over,M13/14,W13/14	M17&over,W15/16,M15/16
Sunday afternoon	M11/12, W10&U	W11/12, M10&U
All Finals/Relays	Deep End	

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### AWARDS:

Medals - 1<sup>st</sup> to 3<sup>rd</sup>, for individual events and relays  
Ribbons - 4<sup>th</sup> to 8<sup>th</sup>, for individual events and relays

Overall Team  
Small Team (10 swimmers or less)  
Women's Team/Men's Team

Top swim of the meet Women's and Men's  
(determined using IPS chart)

### SCORING:

Individual events - 9, 7, 6, 5, 4, 3, 2, 1  
Relays - 18, 14, 12, 10, 8, 6, 4, 2

### WARM-UPS:

Friday Afternoon	3:30PM	to	4:50PM
Weekend Mornings	7:00 AM	to	7:50 AM
Weekend Afternoons	12:30PM	to	1:20PM
Evening Finals	5:00PM	to	5:50PM

#### Due to anticipated registration:

Management would like teams to warm-up in two groups,  
for 40 minutes each during the Friday sessions.

Group 1 - 3:30 to 4:10 (Clubs A-H)

Group 2 - 4:10 to 4:50 (Clubs I-Z).

### RULES:

SNC Rules will govern the meet. Swimmers will not be penalized for scratching from preliminary heats from swimming the rest of the days events. Scratches for evening finals shall be due 30 minutes following the completion of the session. There is no penalty for scratching from Time final events. One Start rule is in effect. Swim Ontario Warm-up Procedures applies. Coaches are responsible to inform their swimmers before arrival of the Safety Rules as contained in this package and to ensure their adherence and the athletes disciplined behavior. **Meet Officials will provide a safe environment and an organized competition. We are not responsible for the supervision of the athletes during the competition and especially, during session breaks.**

### OUT OF PROVINCE CLUBS:

All Clubs from outside of Ontario must provide a "Certificate of Insurance" naming the "City of Brantford" and the "Brantford Aquatic Club" as insured parties. This must be received prior to meet. No Clubs will swim without proof of insurance. All Clubs must be FINA affiliated and provide swimmer registration numbers with entries.

### ELIGIBILITY:

The swimmer's age shall be that on the first day of the meet. Swimmers must be registered with an Amateur Aquatic Association recognized by FINA and their registration number included on any entry grids or entry file.

**SWAD Swimmer entry standards:** To be eligible SWAD swimmers must meet the **national standard for their disability for all entered swims.**

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### ENTRY FEES:

Individual events	\$7.50CAD	\$6.50USD
Relay events	\$10.00CAD	\$8.00USD
Deck Entries (Exhibition only)	\$10.00CAD	\$8.00USD

Make cheque payable to "BRANTFORD AQUATIC CLUB"!

**Please, send your cheques prior to the meet to confirm your entry and avoid disappointment!**

All Clubs using Hy-Tek or any other software are requested to submit their entries on disk or by Email. Export file format for Hy-Tek and Text file format for all other programs.

Hy-Tek Meet Manager will be used for this meet.

NOTE: Hy-Tek users will find the SI2007 MEET EVENTS file on the Brantford web page.

Club information sheets must be mailed with your cheque or returned with the entry grids.

### ENTRY DEADLINE: Tuesday, October 23, 2007@ 9:00 p.m.

We strongly recommend the use of express mail or courier service for the delivery of the hard copy grids, as regular mail is not always reliable. Entries may be Emailed in Hy-Tek or text format.

**Note: Faxed entries will not be accepted due to unreliable clarity of these copies.**

### SEND ENTRIES and CHEQUES TO:

**Suzanne Paulins**

Phone: 519-751-2486(H)  
519-753-7222(W)

7 Pembroke Ave.,  
Brantford, Ontario  
Canada  
N3R 5B5

**Email: [rpaulins040@rogers.com](mailto:rpaulins040@rogers.com)**

RESULTS: WEBSITE: [www.casca.org/brant](http://www.casca.org/brant)

### EVENT LIST and ENTRY TIMES: (Short course meters)

**Friday Evening** November 9, 2007 Warm-ups 3:30 - 4:50P.M. Start 5:00P.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
1	17 & Over	2:24.80	200 Free	2:09.90	17 & Over	2
3	15-16	2:24.60	200 Free	2:14.80	15-16	4
5	13-14	2:26.06	200 Free	2:21.60	13-14	6
7	17 & Over	5:44.70	400 I.M.*	5:19.30	17 & Over	8
9	15-16	5:49.80	400 I.M.*	5:27.20	15.16	10
11	13-14	5:56.70	400 I.M.*	5:41.00	13-14	12

\*400 IM events are swum as Timed Finals \*200 Free Finals will be swum Sat. Evening

Saturday Morning, Nov. 10, 2007

Warm-ups 7:00 – 7:50am. Start 8:00A.M.

## Swim International 2007

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
13	13-14	3:10.40	200 Breast	3:00.90	13-14	14
15	15-16	3:07.50	200 Breast	2:52.20	15-16	16
17	17 & Over	3:02.90	200 Breast	2:47.90	17 & Over	18
19	13-14	31.40	50 Free	29.50	13-14	20
21	15-16	31.20	50 Free	28.30	15-16	22
23	17 & Over	31.00	50 Free	27.40	17 & Over	24
25	13-14	2:44.08	200 Back	2:38.70	13-14	26
27	15-16	2:41.23	200 Back	2:30.90	15-16	28
29	17 & Over	2:36.67	200 Back	2:21.89	17 & Over	30
31	13-14	1:15.98	100 Fly	1:13.10	13-14	32
33	15-16	1:16.20	100 Fly	1:09.80	15-16	34
35	17 & Over	1:14.50	100 Fly	1:07.00	17 & Over	36
37	13-14	4:57.85	400 Free*	4:56.40	13-14	38
39	15-16	4:53.85	400 Free*	4:34.10	15-16	40
41	17 & Over	5:05.39	400 Free*	4:37.63	17 & Over	42

\* 400 Free is swum as TIME FINALS

**Saturday Afternoon** Nov. 10, 2007

Warm-ups 12:30 - 1:20P.M.

Start 1:30P.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
207	11-12	NT	200 Free Relay*	NT	11-12	208
209	10 & U	NT	200 Free Relay*	NT	10 & U	210
43	11-12	3:34.08	200 Breast*	3:35.00	11-12	44
45	10 & U	4:07.59	200 Breast*	4:18.43	10 & U	46
47	11-12	34.98	50 Free*	35.14	11-12	48
49	10 & U	43.5	50 Free*	43.5	10 & U	50
51	11-12	3:06.70	200 Back*	3:09.22	11-12	52
53	10 & U	3:43.50	200 Back*	3:46.66	10 & U	54
55	11-12	1:28.26	100 Fly*	1:30.40	11-12	56
57	10 & U	2:00.0	100 Fly*	2:05.00	10 & U	58
59	11-12	2:45.67	200 Free*	2:47.26	11-12	60
61	10 & U	3:25.0	200 Free *	3:30.0	10 & U	62
63	11-12	1:35.0	100 I.M.*	1:35.0	11-12	64
65	10 & U	1:50.0	100 I.M.*	1:53.0	10 & U	66

\*ALL EVENTS ARE TIME FINALS

**FINALS Saturday Evening** Nov. 10, 2007

Warm-ups 5:00 - 5:50P.M.

Start 6:00P.M.

EVENT #	WOMEN	EVENT	MEN	EVENT #
205	17&over	200 Free Relay*	17&over	206
203	15-16	200 Free Relay*	15-16	204
201	13-14	200 Free Relay*	13-14	202
17,15,13	17+, 15-16, 13-14	200 Breast	17+, 15-16, 13-14	18,16,14
23,21,19	17+, 15-16, 13-14	50 Free	17+, 15-16, 13-14	24,22,20
29,27,25	17+, 15-16, 13-14	200 Back	17+, 15-16, 13-14	30,28,26
35,33,31	17+, 15-16, 13,14	100 Fly	17+, 15-16, 13-14	36,34,32
1, 3, 5	17+, 15-16, 13-14	200 Free	17+, 15-16, 13-14	2, 4, 6

## Swim International 2007

**Sunday Morning** Nov. 11, 2007. Warm-ups 7:00am-7:50a.m. Start 8:00A.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
211	13-14	NT	200 Medley Relay*	NT	13-14	212
213	15-16	NT	200 Medley Relay*	NT	15-16	214
215	17 & Over	NT	200 Medley Relay*	NT	17 & Over	216
67	13-14	1:27.43	100 Breast	1:23.50	13-14	68
69	15-16	1:26.70	100 Breast	1:19.40	15-16	70
71	17 & Over	1:23.87	100 Breast	1:15.12	17 & Over	72
73	13-14	2:53.40	200 Fly	2:50.60	13-14	74
75	15-16	2:51.20	200 Fly	2:39.40	15-16	76
77	17 & Over	2:42.52	200 Fly	2:28.31	17 & Over	78
79	13-14	1:17.00	100 Back	1:13.80	13-14	80
81	15-16	1:16.17	100 Back	1:10.20	15-16	82
83	17 & Over	1:12.88	100 Back	1:06.98	17 & Over	84
85	13-14	2:47.03	200 I/M	2:40.10	13-14	86
87	15-16	2:43.37	200 I/M	2:31.50	15-16	88
89	17 & Over	2:42.20	200 I/M	2:27.50	17 & Over	90
91	13-14	1:07.12	100 Free	1:04.20	13-14	92
93	15-16	1:06.10	100 Free	1:01.90	15-16	94
95	17 & Over	1:04.98	100 Free	58.55	17 & Over	96

\*Relays are swum as time finals.

**Sunday Afternoon** Nov. 11, 2007 Warm-ups 12:30 - 1:20P.M. Start 1:30P.M.

EVENT #	WOMEN	TIME	EVENT	TIME	MEN	EVENT #
217	11-12	NT	200 Medley Relay*	NT	11-12	218
219	10 & U	NT	200 Medley Relay*	NT	10 & U	220
97	11-12	1:39.28	100 Breast*	1:39.98	11-12	98
99	10 & U	2:00.00	100 Breast*	2:05.00	10 & U	100
101	11-12	3:22.81	200 Fly*	3:26.34	11-12	102
103	10 & U	53.00	50 Fly*	57.00	10 & U	104
105	11-12	1:27.68	100 Back*	1:27.75	11-12	106
107	10 & U	1:50.00	100 Back*	1:53.00	10 & U	108
109	11-12	3:08.65	200 I/M*	3:06.53	11-12	110
111	10 & U	3:42.30	200 I/M*	3:47.82	10 & U	112
113	11-12	1:16.91	100 Free*	1:16.20	11-12	114
115	10 & U	1:35.00	100 Free*	1:37.00	10 & U	116

\*ALL EVENTS ARE SWUM AS TIME FINALS

**FINALS Sunday Evening** Nov. 11, 2007 Warm-ups 5:00 - 5:00P.M. Start 6:00P.M.

EVENT #	WOMEN	EVENT	MEN	EVENT #
71,69,67	17+,15-16,13-14	100 Breast	17+, 15-16, 13-14	72,70,68
77,75,73	17+,15-16,13-14	200 Fly	17+, 15-16, 13-14	78,76,74
83,81,79	17+,15-16,13-14	100 Back	17+, 15-16, 13-14	84,82,80
89,87,85	17+,15-16,13-14	200 I/M	17+, 15-16, 13-14	90,88,86
95,93,91	17+,15-16,13-14	100 Free	17+, 15-16,13-14	96,94,92

*Swim International 2007*

**CLUB INFORMATION SHEET**

**COACHES:** Please fill out this form and return with entries or payment.

CLUB: \_\_\_\_\_

CLUB MAILING ADDRESS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

CLUB PHONE #: \_\_\_\_\_

CLUB CONTACT PERSON: \_\_\_\_\_

PHONE #: \_\_\_\_\_

HEAD COACH: \_\_\_\_\_

PHONE #: \_\_\_\_\_

ASSISTANT COACH: \_\_\_\_\_

PHONE #: \_\_\_\_\_

CHAPERONE(S): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

HOTEL: \_\_\_\_\_

\_\_\_\_\_

PHONE #: \_\_\_\_\_



*Swim International 2007*

**ACCOMODATIONS:**

<b><u>HOTEL/MOTEL</u></b>	<b><u>ADDRESS</u></b>	<b><u>PHONE:</u></b>
*Best Western Brant Park Inn (519)753-8651	19 Holiday Dr.	
*Comfort Inn 3100	58 King George Rd.	(519)753-
*Days Inn 2700	460 Fairview Dr.	(519)759-
Holiday Inn 9999	664 Colborne St.	(519)758-
Sherwood Inn Motel	797 Colborne St.	(519)756-526
Mohawk Motel 8621	769 Colborne St.	(519)753-
Bell City Motel 5236	901 Colborne St.	(519)756-
Grand Motel 8451	780 Colborne St.	(519)753-
4 Star Motel 8424	568 Colborne St.	(519)753-
Arlington Hotel 1019	106 Grand River St. N, Paris	(519)442-
Quality Inn <b>Room = 4 People Max.</b>	Hwys. 401&59, Woodstock	800-228-5151

**RESTAURANTS:**

**FAST FOOD**

<b><u>NAME</u></b>	<b><u>ADDRESS</u></b>
Arby's	129 King George Rd.
Burger King	605 West St.
Tim Horton	226 or 615 West St.
	20,236,or265 KingGeorgeRd.
	648 Colborne St.
	Lynden Park Mall
	155 Lynden Rd.
McDonald's	73 King George Rd.

## *Swim International 2007*

Wendy's

299 Wayne Gretzky Parkway  
27 Stanley St.  
68 King George Rd.  
620 West St. Plaza

### **TAKE OUT**

Mr. Sub  
The Pita Pit  
Subway

410 Fairview Dr./West St.  
185 King George Rd.  
206 King George Rd.  
640 Clborne St. East  
168 Charing Cross Rd.  
225 Fairview Dr.

Domino's Pizza  
Pizza Pizza

### **DINING ROOMS**

Angel's Diner  
Casey's  
Montana's  
Moose Winooskees  
Pizza Hut  
Swiss Chalet  
Callahan's  
West Garden Buffet- Chinese  
King's Buffet – Chinese  
Golden Griddle  
Agostons  
Red Lobster  
East Side Mario's  
The White Horse  
Tratoria Giuliana  
Boston Pizza  
The Keg

125 King George Rd.  
185 King George Rd.  
84 Lynden Rd.  
45 King George Rd.  
205 King George Rd.  
Lynden Park Mall  
10 King George Rd.  
560 West St.  
Lynden Road  
58 King George Rd.  
245 King George Rd.  
65 King George Rd.  
300 King George Rd. at the Brantford Mall  
115 Dundas East, Paris  
33 St. George St.  
299 Wayne Gretzky Parkway  
Lynden Road across from the Lynden Park Mall

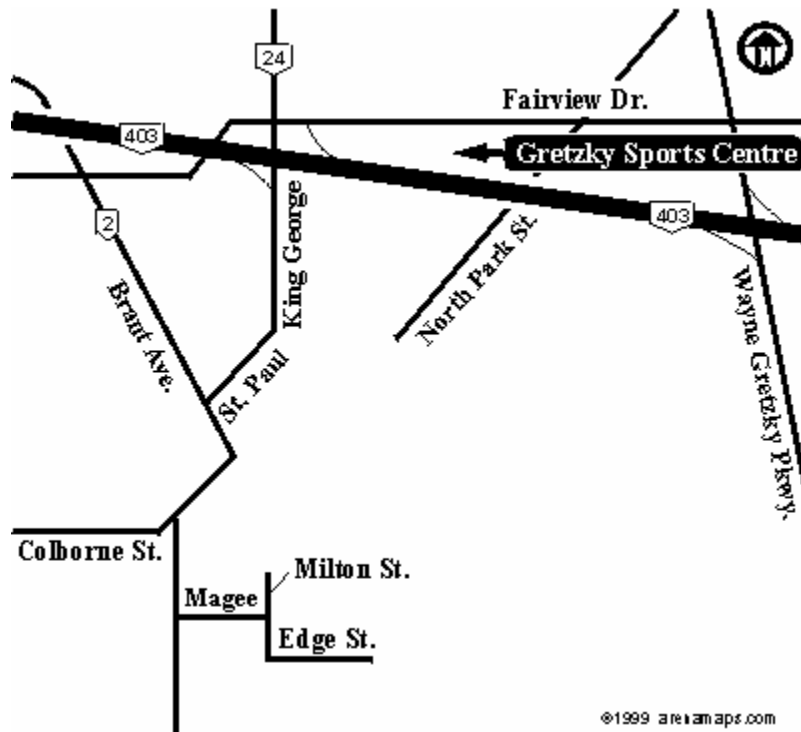
### **FINER DINING**

Al Dente Fresh Pasta  
Devlin's Bistro  
The Olde School House  
The John Peel  
The Arlington Hotel

250 King George Rd.  
704 Mount Pleasant Rd., Mt. Pleasant  
Hwy #2 & Powerline Rd., Paris  
48 Dalhousie  
Grand River Street North, Paris

## Wayne Gretzky Sports Centre

Gretzky Sport Centre  
254 North Park St.  
Brantford, Ontario N3R 4L1  
(519) 756-9900



### Driving Instructions:

**From Hwy-403 Westbound to Brantford:** West on Hwy-403 to Wayne Gretzky Parkway exit. Turn right (north) at the end of the exit ramp onto the Parkway then turn left onto Fairview Dr. West on Fairview to North Park St. Turn left (south) to entrance road to Wayne Gretzky Sports Centre. **Exit** WGSC by continuing onto Fairview Drive.

## *Swim International 2007*

**From Hwy-403 Eastbound to Brantford:** East on Hwy-403 to King George Rd./Hwy-24 exit. North on King George to Fairview Dr. East (right) on Fairview to entrance road to Wayne Gretzky Sports Centre. **Exit** WGSC by continuing onto North Park St. Turn left (north) and continue to Fairview Dr.