

Athletes, coaches, chaperones and parents travelling with WAC represent themselves, the Club, the sport of swimming and their city. In order to project an image that will make us proud of our sport and our swimmers, all individuals participating in WAC sponsored events will be expected to abide by the following Code of Conduct, while on deck, at home and away, from the moment of departure until returning. Athletes who wish to attend or participate in WAC sanctioned events must sign the attached form and by doing so agree to abide by this code. Failure to sign the code disqualifies one from attending and participating in club sanctioned events.

Infractions of the Code of Conduct may result in disqualification from further participation and parents of the athlete assume full cost of the trip and/ or return fare if the swimmer is sent home early.

1. Foul language of any sort will not be tolerated towards any swimmer, coach, parent, chaperone or official.
2. Understand the responsibilities involved in being a team member in terms of proper conduct and willingness to participate in practices and meets.
3. Demonstrate courtesy and respect toward officials, team chaperones, managers, coaches and fellow swimmers. Understand that swimmers are under the direction of team staff during all team functions.
4. Strive for excellence. Exhibit the qualities of good sportsmanship, dedication, pride, team spirit and leadership.
5. No use of tobacco, alcohol or other drugs which affect physical ability, mood or behaviour, unless prescribed by a physician for medical purposes. Neither shall a swimmer ingest any performance enhancing substance included in the FINA list of prohibited substances. These include a variety of 'over-the-counter' medications. A complete list is available on request.
6. Comply fully with the rules of Swimming Natation Canada (SNC)
7. Wear team equipment during meets; cap, suit and appropriate deck wear. Failure to wear team equipment may result in being scratched from your next event.
8. Appropriate behaviour is mandatory on team trips. When behaviour is deemed unacceptable by the coach or chaperones, the swimmer may be scratched from competition, and/ or be sent home at his/ her own expense. Failure to comply with the rules or curfews set out by the coach and chaperones is deemed unacceptable.
9. Breaking the law of the land is not acceptable.
10. Orderly and reasonably quiet behaviour is expected while in public. This includes times when the team needs to travel on public transit, while waiting for races on pool decks and when the team meals are served at restaurants.
11. Hotels are resting places for ALL registered guests; therefore hotel etiquette of the highest caliber is expected. Unacceptable behaviour includes running, phone abuse, playing loud music or television, fighting, pranks that result in personal injury or property damage, and inappropriate use of items such as food, shaving cream, baby oil, etc.
12. All team members are expected to respect individuals' needs for study time, sleep, etc.
13. Curfews as determined by the coach and chaperones must be adhered to at all times.
14. Hotel doors must be propped open at any time a member of the opposite sex is in the room.
15. Persons from outside the immediate team are not permitted in team hotel rooms, unless permission is obtained from the head coach and/ or chaperones.

16. Athletes are expected to treat the opposite sex with respect at all times. Immoral behaviour is not acceptable.
17. Athletes are not permitted to drink or carry alcoholic beverages, nor to use drugs other than those prescribed by a physician. Such drugs must be reported to the coach or head chaperone; however, proper administration of same will be the responsibility of the individual athlete, with supervision by the head chaperone.
18. When billeting, athletes must be on their best behaviour at all times. Any athlete who may be present when the Code of Conduct is breached by a swimmer from another team, must leave that area immediately and return to his/ her own team.
19. Behaviour on the final night of a trip must also meet all conditions as set out above.
20. Swimmers are responsible for their hotel rooms. Rooms must be left clean; garbage must be picked up and put in garbage bags and rooms checked for personal items.

FAILURE TO COMPLY WITH ANY OF THE ABOVE RULES IS DEEMED UNACCEPTABLE

The Board and Coaches of the Windsor Aquatics Club are fully aware that the above conditions may infringe on some of the athletes legal freedoms, but in order to satisfy legal responsibilities to parents of athletes, your cooperation is required and expected.

Any swimmer who does not agree with any part of this Code of Conduct may elect not to participate in WAC sanctioned events. A simple refusal to sign this agreement will be sufficient to exclude him/ her at this time.

Failure to adhere to this Code of Conduct may result in expulsion from the Club with no monetary refund. Additional copies of this document are available on the club website at:

www.windsoraquatic.com

Parent/ Guardian Name _____

Parent/ Guardian Signature: _____

Swimmer's Signature: _____

Date: _____
(MM/ DD/ YY)

Date: _____
(MM/ DD/ YY)